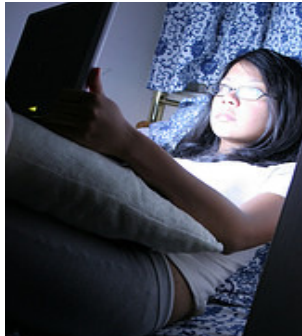


Conquering Computer Hours Addiction, Empowering Your Child in the Internet Age



The School Exams are coming up soon and many parents are worried ! Is your child addicted to the computer? The picture on the left may or may not be what's happening at home, but do you notice the other common symptoms?

- *Is your child spending more and more time on the computer ?*
- *Is your child neglecting his studies, CCA, family & friends ?*
- *Is your child feeling restless and irritable if he is not playing his computer game ?*
- *Is he going to bed much later than usual or waking up early in the morning just to play the game ?*
- *Is he developing health problems such as eye strain, weight gain and backaches?*
- *Is he lying to the family and teachers about his computer playing hours ?*
- *Has your child's academic performance suffered due to his internet activities and you can't do anything about it ?*

Regardless of your response to the above questions; we are pleased to organize this powerful parenting talk to help alert you of the warning signs that your child might possibly be addicted to the computer. You will also learn the dangers when time spent on the computer is out of balance and has displaced work, school, friends and even the family.

Our speaker, Jason Ng will share with you important reasons why your child is "hooked" to the computer. ***Knowing WHY he is "hooked"*** will then empower you to apply effective parenting techniques to communicate better and help your child. Importantly you will learn how to help your child manage his time table and set his study goals. So, come learn about what's computer addiction and stop it eating into your child's life before it is too late!

Jason Ng has conducted talks and workshops to thousands of parents, teachers and students on a wide range of topics including parent-child relationship management, character education, maximising of children's potential, social and emotional learning for teenagers, multiple intelligences of children, anger management for children, work-life balance and others. Specialized as a Parenting Coach, Jason is also passionate to advance parenting skills by providing high quality family bonding programs. Jason was invited by Mediacorp Singapore to be the guest speaker for Singapore Parenting Congress 2009. He was interviewed by "The Living Room" on 938LIVE to share his knowledge with concerned parents whose children are beyond parental control in using the computer. Jason was also the speaker on Anger Management and Emotional Resilience for Parenting Conference 2010 – Building Strong Families For Tomorrow organized with MCYS.